

Reading List

ADULTS

The Bereaved Parent, Harriet Schiff

This book provides practical supportive advice for bereaved parents and the professionals who work with them.

Finding the Words: How to talk with children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters, Alan Wolfelt

How To Go On Living When Someone You Love Dies, Therese Rando

Life after Loss: A Practical Guide to Renewing Your Life after Experiencing Major Loss, Bob Dietz

When Bad Things Happen To Good People, Harold Kushner

PROFESSIONALS

But I Didn't Say Goodbye: For parents and professionals helping child suicide survivors, Barbara Rubel

Death and the Classroom, Kathleen Cassini and Jacqueline Rogers

Helping Adolescents Cope with Loss (Ed. Kenneth Doka and Amy Tucci)

Grief After Suicide, Ed. John Jordan and John McIntosh

Reframing PTSD as Traumatic Grief: How Caregivers Can Companion Traumatized Grievers Through Catch-Up Mourning, Alan Wolfelt

Techniques of Grief Therapy: Creative Practices for the Mental Health Practitioner, J. Willam Worden

Reading List

PRESCHOOL/ELEMENTARY

The Invisible String, Patrice Karst

A wonderful story that focuses on how love lives on after death.

Nana Upstairs and Nana Downstairs, Tomie De Paola

When Dinosaurs Die: A Guide to Understanding Death, Laurene and Marc Brown

A comprehensive book, in a cartoon format, which discusses different issues related to death.

ELEMENTARY

Always and Forever, Alan Durant

A story about losing someone close and how sharing together helps.

The Empty Place: A child's guide through grief, Roberta Temes

Focuses on sibling loss and the accompanying feelings.

Sad About Sammy, Valette Soppe and Tonya Southwick

A family resource guide for children experiencing sibling loss and grief

Samantha Jane's Missing Smile: A story about coping with the loss of a parent, Julie Kaplow and Donna Pincus

The Scar, Charlotte Moundlic

The story of boy who loses his mother. This book captures the loneliness of grief, but provides hope that the deepest wounds heal.

Reading List

MIDDLE/HIGH SCHOOL

Daddy's Climbing Tree, C.S. Adler

An eleven year-old and her family cope with the death of her father.

Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss,
E.S. Traisman

This book is intended as a journal for a teenager who has experienced the death of someone he or she loved.

Straight Talk About Death For Teenagers, Earl Grollman

A book for teenagers explaining what feelings and emotions they may experience after the death of a loved one.

There Are Two Kinds of Terrible, Peggy Mann

After his beloved mother dies of cancer, a boy must learn to relate to his father who has withdrawn into his own shell of suffering.

Tunnel Vision, Fran Arrick

After a teen dies by suicide his family, friends, girlfriend, and a teacher must deal with their feelings of guilt and bewilderment.

ALL AGES

Love You Forever, Robert Munsch

A story about a son and his mother, that encompasses life changes and passing on of rituals from one generation to the next.

Tear Soup, Pat Schwiebert

A book for any age that validates and educates on the grief process.